

# Pravah Annual Report

## 2012 - 2013

**EVENT** A recent panel discussion focused on the role young people can play in shaping India's future.



### INVOLVING THE YOUTH IN NATION BUILDING

The book, jointly penned by four authors, focuses on the history of youth participation in the pre-independence era.

The Ocean in a Drop  
Inside-Out Youth Leadership

'Violence cannot be long-term solution'

NEW DELHI, 28th Nov: Young members from rights groups

### Thought's day out

'Fifth Space' is a secular, non-commercial platform for the youth to exchange and develop fresh ideas.



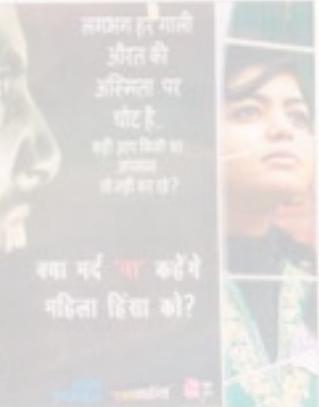
Youngsters vote for summer of...



Youth get together for social change

राजनीति के छात्रों की भागीदारी, असमंजस में युवा

# Pravah



### ROOTING FOR THE YOUNG

THE OCEAN IN A DROP  
INSIDE-OUT YOUTH LEADERSHIP

ASHRAF PATEL, MEENU VENKATESWARAN, KAMINI PAREKH, ARJUN SHEKHAR  
Sage: Rs 375; Pages: 185



WHEN it comes to India and demographics the fact most commonly bandied about is that 50 per cent of the country is aged between 25-40 years. That we are a young country led by old men is an undeniable fact. And a group of intrepid youngsters have decided to go ahead and do something



### Youth join for development

In order to mark the National Youth Day, ComMutiny - The Youth Collective (CYC), Pravah and Youth

Pravah is a group of young people who are passionate about the issue of women's rights. We are a group of young people who are passionate about the issue of women's rights. We are a group of young people who are passionate about the issue of women's rights.

2013 marks Pravah's 20th anniversary. In 1993 Pravah started its first school program – Positive Me – with the objective of building youth leadership for social change. Since those early days, Pravah has conducted several direct and indirect programs reaching out to hundreds of young people as well as youth facilitators, teachers, young social entrepreneurs and youth organizations.

In all its programs, Pravah seeks to build 5th spaces for youth development. According to us, the four legitimized spaces in which young people develop are : a) Home and family; b) school and other educational or work-related spaces; c) In the company of peers; d) Leisure and lifestyle spaces. The '5th Space' allows young people to develop their leadership skills while contributing positively to the life of their communities.

## Providing opportunities and building capacities of young people to become active citizens

### **From Me To We (FMTW)**

Comprising an approximately 42 hour long curriculum, FMTW equips adolescents with skills to become active citizens. The curriculum promotes self-awareness, skills for conflict resolution, and awareness of social issues. FMTW is delivered through workshops in schools.

### **Friendship UdaNkhatola Camp (FUN Camp)**

FUN Camp is a week-long urban-rural interchange between adolescents. Designed as an experiential learning program, FUN Camps expose and sensitize adolescents to various facets of rural and/or urban life and socio-economic issues, while inspiring them to act for change.

### **Students Mobilization for Learning through Exposure (SMILE)**

Since 1996, SMILE creates opportunities for university students to understand social realities, make the connection between themselves and the larger society, learn relevant skills for leadership and finally, engage in citizenship action.

## Supporting youth-led social change

### **Change Looms**

Change Looms promotes, supports and strengthens youth led development initiatives nationally. Change Looms provides significant inputs in organizational development to youth-led voluntary organizations and builds leadership capacities of young founders and team members of these initiatives (referred to as Changeloomers).

## Strengthening the institutional framework to promote youth development and active citizenships

### **Learning Voyages (LV)**

LV offers comprehensive learning voyages to individuals and organizations in the area of Youth Development (building effective youth facilitators) and Instructional Design (building design capability). LV also offers customized consultancies in the above two areas to organizations.

### **Teachers Training**

Teachers Training is a multi pronged intervention that equips school teachers to design and deliver citizenship curricula within the existing educational framework, link education with social realities and advocate for the integration of citizenship education within the school system. The intervention comprises workshops, exposures, internships, fellowships as well as facilitating an Educators' Collective and Teachers Resource Centres in collaboration with schools to specifically promote active citizenship.

### **Streaming Partnerships**

Pravah develops long term strategic partnerships with like-minded individuals/ organizations to co-create youth interventions and/or facilitate the start-up of new youth organizations. The aim is to create a strong network that can advocate for youth development and active citizenship.

### **Research**

Pravah involves itself in research activities and leverages the findings to improve programming, gain organizational learning, and impact the field of youth development and active citizenship.

Dear Friends,

With this annual report for 2012 – 2013, we invite you to join us in celebrating the 20th anniversary of Pravah.

It has been an exciting journey since our first workshop in Ramjas School in 1993. Over the years, Pravah has evolved as an organization and strengthened its programs so that it can impact the lives of many more young people. Both through direct programs as well as through partnerships with other organizations led by and/or working with adolescents and young people. Apart from working with school and college students, Pravah also supports youth-led social initiatives, builds capacities of youth facilitators and youth organizations across the country and has incubated the Pravah Jaipur Initiative, and Commutiny – the Youth Collective.

In 2012 – 2013, we commemorated two decades of our work with the publication of a book called *The Ocean in a Drop: Inside Out Youth Leadership* (Sage, 2013). The publication which was brought out in collaboration with Commutiny – the Youth Collective and Oxfam India - consolidates our learnings and highlights the need for a 5th space for youth development - a space that allows young people to develop their leadership skills while contributing positively to the lives of communities and impacting society. This concept is based on the work Pravah has done with thousands of young people over the years as well as our partners in different parts of the country. It has helped us to find a language to discuss our work and advocate for youth development.

The concept of the 5th space has found resonance with many youth organizations and young people across the country. A series of 5th space live events were held together with our partners in different parts of the country to introduce the concept and advocate for the creation of 5th spaces for young people.

In the last year, Pravah has also contributed to policy making at the national level. We organized a national youth consultation which provided inputs to the National Adolescent Health Strategy (Rashtriya Kishor Swasthya Karyakram) and UNFPA's Country Strategy (2013 – 2017) for adolescents. We also played a key role in

the Youth Convening Committee formed to organize the National Consultations on Post 2015 Development Agenda. A total of five regional consultations were held in February 2013 involving 284 representatives from over 100 youth organizations across India. Pravah convened the consultations in the northeast and eastern region (in partnership with Commutiny-the Youth Collective, Bosco Institute, and Patang).

In 2012 – 2013, we also reached out for the first time to individuals with a request to support our work. The response was heartening and made us realize how much our work is appreciated. We take this opportunity to thank all our partners and supporters – both institutional as well as individuals - who have made this work possible.

We hope that you will enjoy reading this report as much as we did in putting it together!

With warm regards,



Neha Buch

Adolescent Intervention  
Youth Intervention  
Pravah Jaipur Initiative  
Change looms -  
Learning and Leadership Journey

Making Youth Work Visible  
Learning Voyages  
Streaming  
Teachers' Training

Research  
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Human Resources  
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Transparency Disclosures & Legal Status  
Team Members  
Partner Organizations

# Adolescent Intervention

Adolescent Interventions reached out to over 1600 school students in 2012 – 2013 through community visits, FUN camps, leadership and community service workshops, and the continuous comprehensive evaluation in schools.

Pravah's Adolescent Intervention continued to provide students of the Heritage School, Gurgaon an opportunity to build their

## Building leadership through community service

leadership skills and engage in community service. Sixty students participated in a 5-day leadership workshop during which they spent 3 days engaging in community work with the children of Aman Biradri, an NGO that works with the homeless in Delhi. By the end of the workshop, the students discovered that they, too, could make a difference. One of the students started an environmental group in school that helps to manage school waste, recycle paper and raise awareness among the student community on the importance of the environment.



How can young people from different cultures develop an understanding and respect for

## Building empathy through cross-border engagement

each other if they never get a chance to meet? This year the Adolescent Intervention team designed and facilitated community visits for students from the Druk Padma school in Ladakh and the Loomis Chaffee School, Connecticut, USA. The objective of these visits was to give the young people an opportunity to interact and get a glimpse into each other's worlds.

Fourteen students from the Loomis Chaffee school, USA visited the Hope Project in Basti Hazrat Nizamuddin. The Hope Project students took the American students on a guided tour of the basti and to a Sufi shrine. They also cooked Indian food together. Twenty students from Druk Padma School, Ladakh visited the Kalakaar Trust. The students put up a puppet show and a dance performance. Soon they got everyone up on their feet joining in the dance. Through energizers and interactive exercises, students from very different socio-economic backgrounds and cultures started looking beyond their stereotypes and appreciating each other's realities.



## CCE - Continuous Comprehensive Evaluation

With the CBSE recognizing the need for schools to focus on the all-round development of students and the introduction of the Continuous Comprehensive Evaluation (CCE), Pravah adapted its From Me to We (FMTW) curriculum to meet the needs of schools

by building on the co-scholastic aspects of the CCE, including the development of an evaluation framework and assessments.

As part of the CCE processes conducted in partnership with Bluebells and Sanskriti schools, the Adolescent Intervention team reached out to 350 students in 2012 - 2013. Students were taken through a learning journey to enhance their understanding of themselves (Self) and of the world around them (Society). Sessions included the importance of appreciating others, self-reflection, recognizing ones' personal strengths and opportunity areas, taking responsibility, working in groups and recognizing stereotypes. Students conducted summer projects that helped them apply their learning to their own lives and communities.

The Continuous Comprehensive Evaluation (CCE) highlights the significance of the co-scholastic (developing values, attitude and behavior) along with the scholastic aspect of education.

In 2012 – 2013, 249 students of Sanskriti school, Chanakyapuri went on Pravah's outbound FUN camp. The camps were designed to familiarize urban students to issues of alternative livelihoods, village economy, local governance and

## FUN Camps

integrated development. Students also got an opportunity to reflect on their own lifestyles and the connections between urban and rural lives. The camps were organized in collaboration with our partners CECOEDECON and GVNML in Rajasthan and SKMST in Himachal Pradesh.



Four days, mere four days have made me humble. They have helped me explore a new facet, one which was yet unknown, to those humans who I am surrounded by for a third of my day. I now see these very friends in a new light, bright, welcoming peaceful light.

~Tarush Gupta, Class XI Sanskriti School

## Misadventures in a village: Memories from a FUN Camp



Watch the film: [youtube.com/the5thSpace](https://www.youtube.com/watch?v=the5thSpace)

My daughter went to Una in Himachal Pradesh with Pravah's FUN camp. The entire experience was uplifting as new bonds were created (both with students and villagers). Connecting with one's roots is vital for self-development. The program at Pravah allows the child to connect with "real India" and in doing so, assists the child to connect with herself.

~Aparent of a student from Sanskriti School

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# Youth Intervention

Pravah's youth interventions enable college students and other young people between the ages of 17 – 25 years to become stakeholders, leaders and active citizens by facilitating their journey from self to society. The journey includes skill building workshops, discussions on social issues, youth clubs, group exposures and in-turn-ships.

2012 saw a total of 84 volunteers participating in the summer and winter in-turn-ships. After identifying their learning needs and choosing a placement organization with the help of the Pravah facilitator, volunteers attended a 4-day orientation camp to get

**SMILE In-turn-ship** prepared so they can gain maximum value from this experience. After completing the internship, volunteers came together to reflect on their experiences

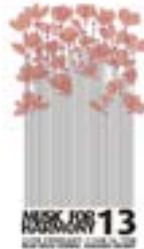
and share their insights with their peers. The journey has been transformational for many participants and they have come back with a more informed world view and with an enhanced understanding of their own potential. The internship has also sparked off a desire to act for social change and many of them have taken on action projects with SMILE as well as independently in their colleges.



Music for Harmony (M4H) is an annual event that culminates with a daylong celebration of peace and

## Music For Harmony

harmony through different creative arts such as live music, dance performances and street theatre. What makes M4H different from other festivals is that it is completely youth-led. Volunteers take on different roles and responsibilities. From drafting budgets to confirming performers, from deciding the theme to designing the schedule of activities, the fate of M4H lies in the capable hands of volunteers who devote their time and talents to bringing the festival alive.



The 2013 Music for Harmony saw audiences swaying to some amazing musical performances by Kunj, students from Hope Project, Turkush, Manzil Mystics, a solo by thirteen year old Harsh, Zephyr Band, Suraj from Dil Se, The Aphids, a Bollywood retro piece by LSR group, Ekam Satyam and the D Club drum circle, as well as some surprise performances from our Open Stage. There were also a stellar street play performance by Manzil, impressive moves by the 5th Space and Hope Project dance groups. Audiences also had fun exploring the interactive booths of Pravah partners – Halabol, Must Bol (Commutiny – The Youth Collective) and Mission Bharatiyam.

2012 – 2013 offered volunteers three exciting options to go on a group exposure and learn about a social issue. A total of 66 volunteers took advantage of this opportunity. 20 volunteers joined the Jan Satyagraha protest march from Gwalior to Delhi, organised by Ekta. They walked along side 100,000 participants, mostly farmers, tribals, fisher people, daily wage labourers and experienced first hand the solidarity of being part of a people's movement.

## SMILE Group Exposure

25 volunteers visited Narmada Bachao Andolan – a people's movement to halt further displacement and ensure rehabilitation of communities in the Narmada Valley. The volunteers learnt about non-violent methods of protest and realised the need to discuss issues of displacement and GDP-centered development in their own circles. Inspired by the movement, the volunteers initiated a social action project on their return, called V&Dharaji, to spread awareness on the issue of displacement.

The last exposure to PRADAN in Kesla, Madhya Pradesh, gave volunteers an opportunity to explore the issue of rural livelihoods and its impact on people, not only in terms of economic well-being but also self respect and dignity.

A new partnership with IGSSS- Kashmir created an exciting opportunity for young people from Kashmir and Delhi to interact and learn from each other. A group of 20 Kashmiri youth made a trip to Delhi for an exposure

## Cross-cultural dialogue

visit. Together with them, team members and volunteers explored the city, discussed stereotypes of Kashmir and Delhi and addressed the tough questions on understanding ourselves and the status of Kashmir in India.



Held in July 2012 at the India Habitat Centre, Jashne – Aghaz celebrated the successful journeys of SMILERs who had been for the in-turn-ship and returned with many enriching experiences and insights about themselves and the communities they had visited. The felicitation event brought together enthusiastic volunteers, their parents, Pravah alumni and the Pravah team and inspired many more students to go on the in-turn-ship.

## Jashne-Aghaz

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If you ask me, "How did Music for Harmony go?", I would say it was a memorable, chaotic, creative, sunny, peaceful day filled with lots of smiles and a few more grey hairs on my head.

~ Allison Horton,  
AIF Fellow, & Anchor-Music for Harmony

## SMILE: Changing the World Within



Watch the film: [youtube.com/the5thSpace](http://youtube.com/the5thSpace)

I might have been the same arrogant Anmol, one who didn't care how people felt, who would get down at even the smallest thing, who was not sure what he was going to do with his life, who was waiting for something big to happen to make him happy because maybe he had forgotten to find happiness in the smallest of things. Things would have very different if I had not joined SMILE.

~ Anmol Sarraf, SMILEr 2012

# Pravah Jaipur Initiative

In 2012 – 2013, Pravah Jaipur reached out to more than 1100 college students through interactive sessions in colleges as well as through Inward Bound – a self-facilitated, interactive installation that encourages participants to look within and invites them to embark on a journey of self discovery. This mobilization strategy has led many young people to the doors of Pravah Jaipur Initiative asking for more. In the course of the year, 33 students participated in Get Real – a workshop on building deep self-awareness. Ten students went on SMILE in-turn-ships and 23 volunteers went on group exposures to Manthan, Rajasthan and Narmada Bachao Andolan, Madhya Pradesh.

**Café Mohalla** Café Mohalla is a hangout space for young people. A committee of 4 – 5 volunteers organizes a weekly café for young people where they can hang out, make friends and discuss issues that they are passionate about. Last year issues discussed included, for example, gender, sexuality, entrepreneurship, animal rights, communalism, web security, road safety, international conflicts, and identities. One of the questions debated was, whether we can pursue our passion as a profession? Young people met with people who had followed their passion and were successful in spite of many challenges. The café discussed what success means and the role of enjoyment and satisfaction in



our definition of success. These discussions take place in an informal and fun atmosphere – often accompanied by music, movies and, of course, food. A total of 46 cafes were held in the year with an average of 15 – 20 volunteers each week.

**Human rights and Active citizenship** Pravah Jaipur designed and facilitated a three-day workshop for 20 participants of the British Council Commonwealth Youth Leader program on human rights and active citizenship. Participants designed and facilitated

action projects on different themes, such as conflict resolution, theatre in education, self-reflection and entrepreneurship. One of the participants, Keshav Modi, got an opportunity to visit Sri Lanka and share his action project on entrepreneurship with an international group of volunteers from the Commonwealth countries.



200  
young  
people  
**Give  
peace  
a chance!**  
[campaign]



Pravah Jaipur volunteers organize a campaign every year on the festival of Makar Sankranti. In 2013, they visited a number of colleges, schools, NGOs, and public spaces around the city and distributed over 5000 kites with peace messages. Over 200 people from different socio-economic backgrounds participated in the campaign and flew a kite to give peace a chance.



**Free Hugs** [campaign] With Valentine's Day approaching in February, volunteers found themselves discussing the topic of love. Not just romantic love but love between all human beings. They then proceeded to redefine Valentine's Day in the city by organizing a campaign that spread smiles and cheer among strangers who were given free hugs (jaadu ki jhappis) in public spaces.



**Jashn-e-Jaipur** [campaign] Youth Jumbish is an annual festival conceptualized and organized by a core group of Pravah Jaipur volunteers. For the volunteers it is an opportunity to build their leadership skills by working together, facing challenges and overcoming them as a team.



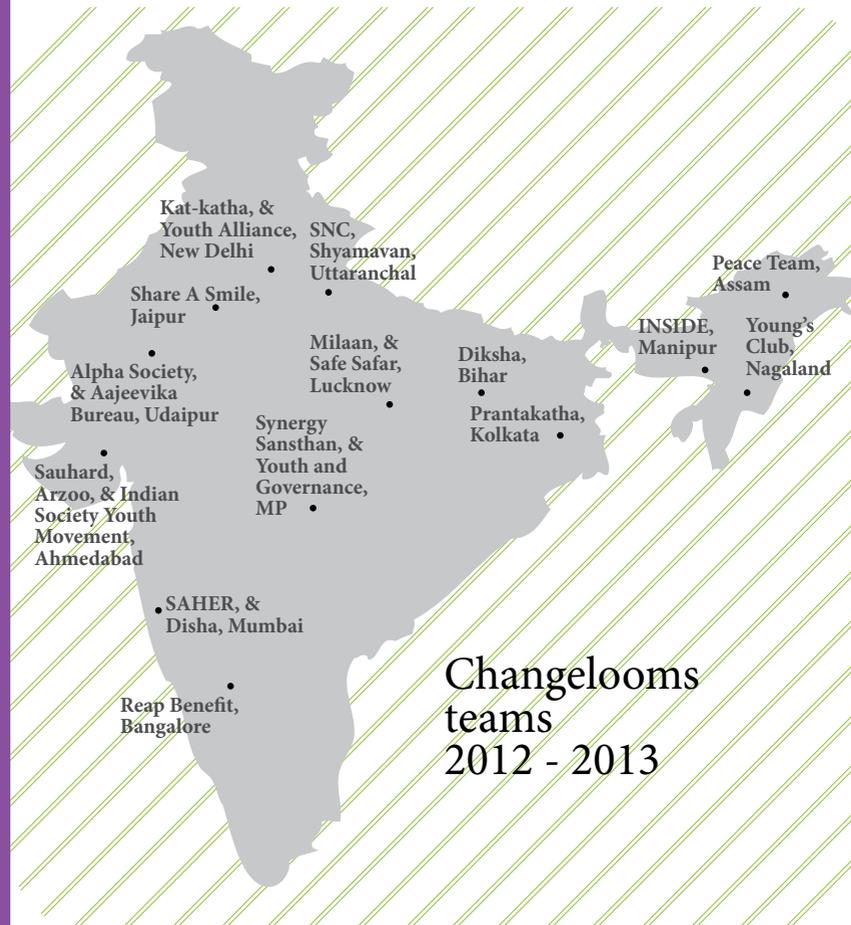
In 2012, the festival brought together 350 school and college students to celebrate active citizenship and to inspire young people to become role models. Six young change makers were felicitated for taking up social action projects in their communities.

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# Change Looms

Since its inception in 2005, Pravah's Change Looms programme has supported seventy youth-led social change initiatives across the country. In July 2012, Pravah decided to strengthen the outreach and quality of the programme by joining hands with Commutiny – the Youth Collective and implementing Change Looms: the Learning and Leadership Journey.

A total of 22 teams were selected after a rigorous selection process, that included phone interviews and field visits. While the teams work on a variety of social issues, they all focus on young people.



Changelooms teams 2012 - 2013

## Changelooms - Learning and Leadership Journey

The Change Looms program supports young people who have started their own independent social initiatives. It provides skill and capacity building, mentoring and financial support and networking opportunities.

## Learning Events

Two Learning Events were organized in 2012 – 2013 in partnership with Pravah's Learning Voyages team. The first Development Center in July was designed around the early lifecycle needs of social entrepreneurs with a focus on team building, strengthening participant's understanding of youth development and building their capacities in areas of instructional design and facilitation. A second Development Center in October provided participants with inputs on deep self-awareness and systems thinking. Instructional strategies included outbound sessions on team building, simulation games, case studies, experiential learning and open space sessions during which participants designed and facilitated their own sessions and gave each other feedback.



## Core Group

The Change Looms journey provides participants a chance to strengthen their leadership skills by becoming a member of a core group. The Core Group is responsible for identifying and responding to the collective learning needs of the participants. The Core Group in 2012 – 2013 organized a training on logical framework analysis (LFA) for developing proposals, exposure visits to NGOs and also a collective learning event in Kolkata where participants learnt about the use of social media and other communication tools to tell their story.

## Mentoring

A large pool of 18 mentors provided support to the teams through meetings and field visits. Their experience and wisdom helped guide the participants in a variety of ways, including giving feedback on the team's learning plans and proposals, helping them to reflect on their experiences and insights, providing moral support when they were facing roadblocks, suggesting learning opportunities and being a sounding board for their ideas.



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“The Tatva'session wasthefirst time I sat back and reflected on my organization's strengths, weaknesses and gaps.

~ Gitanjali, Kat-katha

## From Self to Society: CL-LLJ Film



Watch the film: youtube.com/the5thSpace

“I realize that we have been using young people for our own agenda and never really looked at what their needs and aspirations are.

~ Jayesh

“I had no clue earlier about the negative experiences people from marginalized identities encounter. I have now become more sensitive towards people with different identities.

~ Gautam, Diksha Foundation, Patna



\*Commutiny - The Youth Collective (CYC), is a Delhi-based National Federation of youth centric development organisations

# Making Youth Work Visible

Get your copy of *The Ocean in a Drop: Inside- Out Youth Leadership* now!  
Go to <http://tinyurl.com/flipkartoceaninadrop>



Pravah celebrated its 20th anniversary by publishing a book called *The Ocean in a Drop: Inside-Out Youth Leadership* (Sage Publications, 2013).

The *Ocean in a Drop* explores how young people have contributed significantly to society in the past, and suggests ways in which they can take centre stage again. Traditionally, society has legitimized four spaces for young people: family, friends, education/careers, and leisure. The book introduces the concept of the 5th Space - a space that goes beyond the commonly used terms of volunteerism and Active Citizenship and focuses on three critical aspects of youth development: understanding the Self, building meaningful relationships, and impacting Society. By facilitating young people to connect their selves with society and by developing skills, values, and attitudes that enable them to impact the world around them, 5th Spaces become a critical strategy for renewing society. As Rashmi Bansal, best selling author and entrepreneur says in her foreword to the book, we need 5th spaces 'to bring fresh

ideas and energy into the idea of India, to create a band of hungry and foolish leaders... who are willing to commit themselves to "make things happen".

Pravah and ComMutiny - The Youth Collective (CYC) organized a well-attended panel discussion at the India Habitat Centre on the ideas put forth in the book. The panelists shared their views on the significance of youth leadership in India and the various ways in which it can benefit society today. The speakers included Ms. Meenakshi Natarajan - Member of Parliament from the Congress Party; Ms. Belinda Bennet - Head of the South Asia Region at Christian Aid; Mr. Venkatesh Srinivasan - Assistant Representative, UNFPA; Ms. Ashraf Patel - Co-Founder, Pravah and CYC; and Manak Matiyani-Team Lead, Must Bol Campaign.



A panel discussion on youth leadership

“This book articulates the concept of inside-out youth leadership beautifully. Unless you touch the heart of young people, you cannot change their behavior. Youth development needs to start with the individual first. I highly recommend this book to everyone working with young people.”

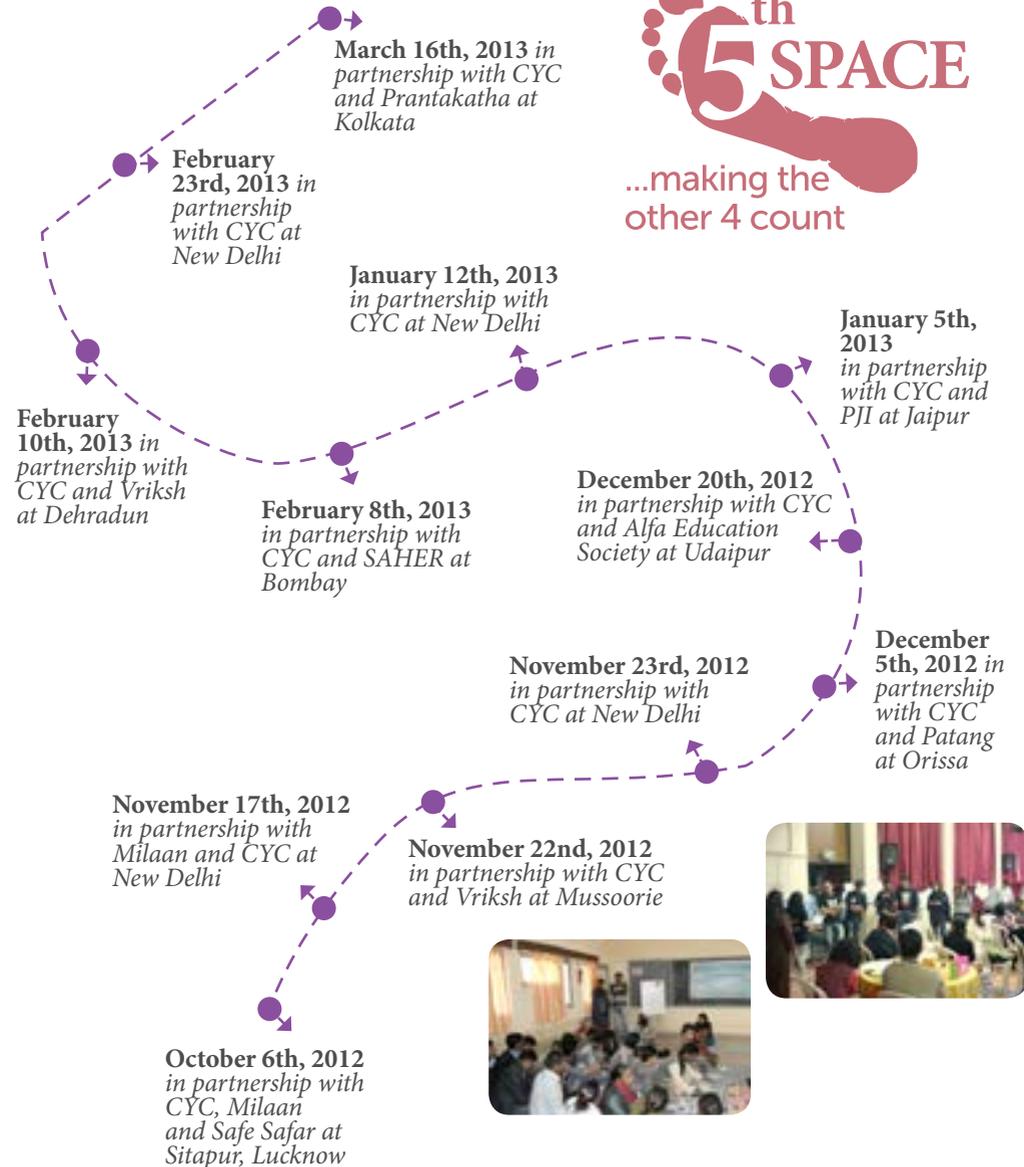
~ Venkatesh Srinivasan,  
Assistant Representative, UNFPA



Pravah and Commutiny - The Youth Collective facilitated 5th Space 'Live' events across India in collaboration with partner youth organizations. Thanks to these events, Pravah was able to reach out to a large number of youth organizations, introduce the concept and build an understanding of the 5th space. They were also a platform to bring together organizations, corporates, schools, parents, teachers and people across different sectors and age groups, working with youth.

## 5th Space [Live]

5<sup>th</sup> SPACE  
...making the other 4 count



# Learning Voyages

## Capacity Building

Learning Voyages offers learning opportunities for youth facilitators through its key training programs – the Ocean in a Drop and the Big Ticket. These programs use workshops, real life challenges and regular coaching and mentoring to develop an understanding of youth development,

systems thinking, instructional design and facilitation and deep self-awareness. In 2012 – 2013, Learning Voyages built capacities of 235 youth facilitators from 27 organizations.



These organizations included both international and national agencies, such as UNFPA, Greenpeace, Breakthrough, PRADAN and Oxfam India, as well as small start ups, such as Diksha Foundation, SAHER, and YAAR, and educational institutions, such as Bosco Institute. Although the organizations work on different issues, such as education, environment, gender and livelihoods, they found the Learning Voyages curriculum extremely relevant because of its focus on young people.



## Consultancies

Learning Voyages also lends its expertise and offers consultancy services to corporates and youth organizations in a variety of areas. Some of these consultancies include:

Customizing and facilitating a workshop for IGSSS facilitators on conflict positive and systems thinking as per the needs of the organization.

- Facilitating an outbound workshop on building self – awareness called Get Real for management trainees of Axis Bank.

- Developing a TOT manual for Breakthrough on Instructional Design and Facilitation with a focus on gender for Breakthrough and piloting it with a group of trainers in Bangladesh.

- Designing and facilitating a stakeholder workshop in partnership with Commonwealth Youth Programme Asia (CYPA) for NYKS officials to identify the needs of young people and understand the existing curriculum as preparatory work for designing a model youth club.



“OID has transformed me, especially in personal life! Professionally, my skill as a facilitator improved and made me see teen clubs as spaces that can be developed as 5th space, and overall in UNFPA programming, including adolescents in the design and leadership space of the program has been the biggest take-away.

~ Nalini, UNFPA

## Ocean in a Drop: Facilitating Inside-Out Youth Leadership



Watch the film: [youtube.com/the5thSpace](https://www.youtube.com/watch?v=the5thSpace)

“It made me a better human being by knowing deeply who I am. The workshop is, in fact, a parameter through which I measured my weaknesses and strengths. The best thing was I could think of turning my weaknesses into my strength though it may take time.”

~ Hejang. INSIDE NE, Manipur

### Contact:

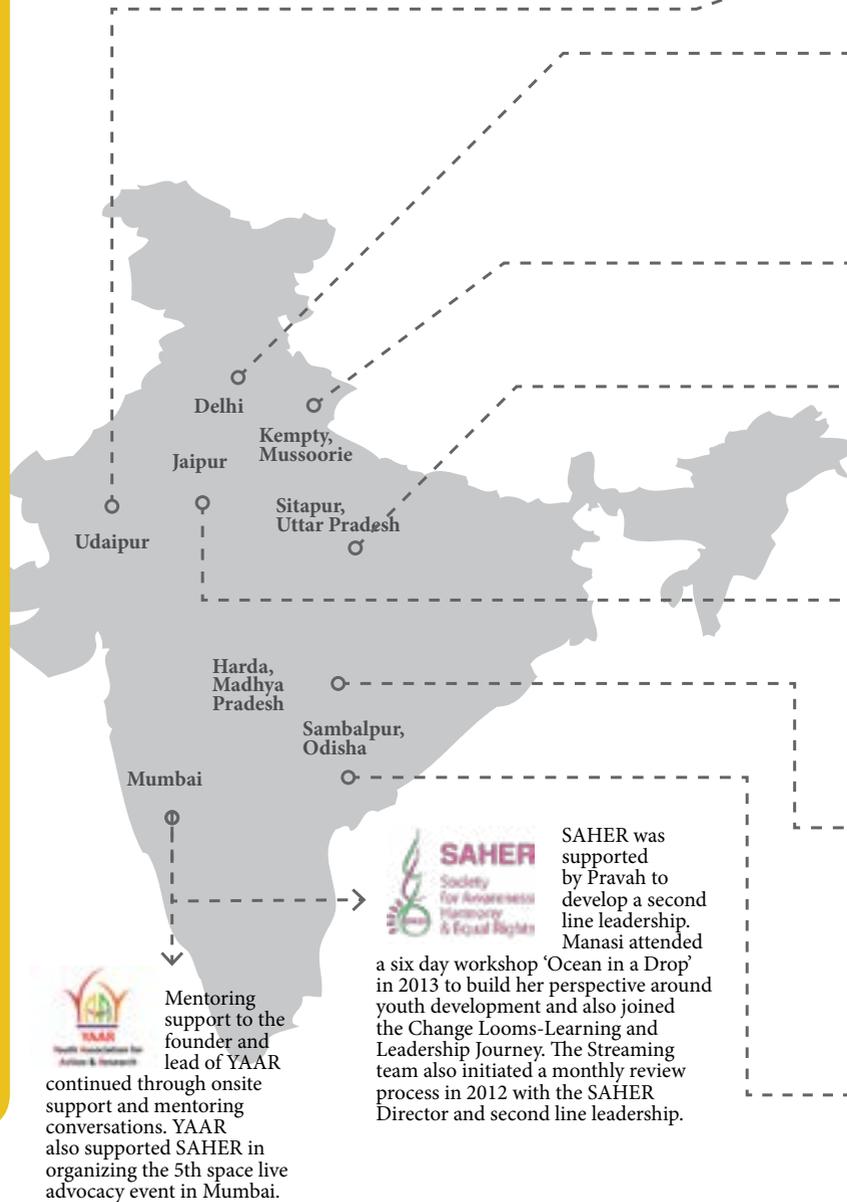
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## Pravah's Learning Voyages

Learning Voyages builds capacities of individuals and organisations to conceptualise, design and implement high impact youth interventions across issues.

# Streaming

Pravah's Streaming Initiative develops long-term, strategic partnerships with like-minded organizations to co-create youth interventions and / or incubate new youth organizations. The aim is to create a strong network that can advocate for youth development. The Streaming Collective currently comprises 9 partner organizations working on youth development in different parts of the country.



Mentoring support to the founder and lead of YAAR continued through onsite support and mentoring conversations. YAAR also supported SAHER in organizing the 5th space live advocacy event in Mumbai.

SAHER was supported by Pravah to develop a second line leadership. Manasi attended a six day workshop 'Ocean in a Drop' in 2013 to build her perspective around youth development and also joined the Change Looms-Learning and Leadership Journey. The Streaming team also initiated a monthly review process in 2012 with the SAHER Director and second line leadership.



Pravah and CYC facilitated Aajeevika Bureau to look beyond the economic and security needs of migrant workers and to recognize the existence of higher order needs, such as dignity and self respect. The partnership has helped to address these needs by designing a 5th space within the curriculum of its vocational training centre – the STEP academy.



Embedding support to ComMutiny- The Youth Collective continued through active engagement with the CYC board. One of the highlights of the Streaming-CYC partnership were the 5th Space [Live] advocacy events held across India. The events were co- designed with each partner to introduce, discuss and advocate for the 5th space. These events were accompanied by the launch of the Pravah – CYC book - 'The Ocean in a Drop: Inside Out Youth Leadership' published by Sage.

Vriksh continued to receive mentoring as well as onsite design and facilitation support. The organization was able to launch an internship program and also nominated four youth leaders to go through SMILE exposure to Jan Satyagraha in 2012. With the help of a mobilisation strategy supported by Pravah, Vriksh reached out to a large number of young people and design an intensive journey of self-to-society for young people.



Pravah Jaipur Initiative was supported through leadership development of the team, facilitation processes to strengthen structures, processes and roles, design and facilitation of youth processes and through regular reviews and onsite visits. This year also saw Jaipur host a very rich streaming collective meeting.



Milana was selected as a Streaming partner in 2012. The team runs a senior secondary school called Swarachna Learning and Resource Centre. A pilot program of setting up an entrepreneurship development center was conceptualised and funds raised to support it. A field visit to Milana was made to support the facilitation of the focus group discussions with the community youth. One of the senior team members also joined the Change Looms program and availed of several learning opportunities, mentoring and a fellowship.



The Streaming Initiative renewed the partnership with Patang to enhance the impact of the existing youth development program through exploring and experimenting with new designs.



Synergy Sansthan became a Streaming partner in 2012. A joint design to run a program on promoting entrepreneurship was conceptualised and developed. Many exposure visits were also part of this learning phase.

Pravah and CYC's support in developing an integrated approach to life skills and trade skills has made the STEP participants gain employable skills including self-confidence, positive outlook, team building, communication skills.

~ Jahid Makrani - 5th Space facilitator, Aajeevika Bureau

## The Streaming Collective at Jaipur!



Read: [www.pravahdelhi.wordpress.com](http://www.pravahdelhi.wordpress.com)

I learned about 5th space and National youth policy which I will pass to others...I'm leaving this place with a new and different way of thinking.

~ Dinesh Singh, Vriksh Participant - Streaming Collective Meeting

Work on a youth development with National Service Scheme continued in partnership with Jamia Millia Islamia University and 30 faculty members attended a consultation on 5th space and youth development in April 2012. The

## Partnership with NSS

Streaming program also partnered with Kirori Mal college, Delhi University for its NSS youth festival and reached out to more than 80 students. The Streaming team supported the design of the festival which included a panel discussion with the following panelists expressing their views and participating in the discussion: Anirban Gupta (a Changelooms alumnus and founder of Dhriiti), Dhruv Arora (CYC team member), Mujeeb Khan (Founder of Bhumi, Hyderabad), Meenakshi Bhanjdeo (Chief Coordinator, PJI)

Building on its rich experience of working with urban and rural youth, the Pravah Streaming program initiated two new programs on youth employability and youth entrepreneurship in three partner locations – Sitapur (UP), Harda (Madhya Pradesh) and Mumbai. This youth

## Entrepreneurship Development

centric approach to livelihood will facilitate young people to look at work not only as means of livelihood but as a means of realizing their full potential. Pravah and its partners (Milaan, Synergy Sansthan and SAHER) have developed a three-month curriculum to address the needs of the young potential entrepreneurs. This integrated curriculum includes business as well as life skills and will be rolled out in the development centers in the partner locations.

51 youth leaders from 6 streaming partners participated in the SMILE journey and enhanced their leadership skills. Another 11 youth facilitators improved their design and facilitation skills and developed a more nuanced

## Learning Opportunities

understanding of youth development after attending the Ocean in a Drop and Big Ticket workshops.



Pravah's teachers training enables pre and in service teachers to design and implement life-skills and active citizenship curricula so that it can be integrated into the mainstream education system.

## Workshops for In-Service Teachers

In May 2012, Pravah got a unique opportunity to conduct a workshop for teachers who worked with children from marginalized communities along with Save the Children, Delhi, and Blue Bells School International. Ten teachers participated in this specially designed workshop that brought out the strengths, challenges and needs of these teachers who worked with street children, working children and slum children.

The sessions were adapted to fit the context of specific challenges faced by these teachers, focusing extensively on life skills. The teachers were proactively engaged in the process of learning these life skills through practical sessions in the communities where they worked.

The teachers from Delhi Public School, New Town Kolkata implemented the new life skills curriculum in the academic session 2012-2013. These teachers had attended workshops in the previous year and received continual support from the Pravah team on developing session designs for the 'zero' period for students of classes VI- XII.

Under the leadership of Chief Secretary of Delhi, a consultation was held in March 2012 to address the urgent need of women's safety in the city. The Directorate of Education acknowledged the pivotal role education plays in changing societal behaviour, attitudes and accountability towards women's safety.

## Safe School - Safe City Project

As an example of its commitment to the issue, the Directorate partnered with Jagori and Pravah to implement a pilot project, 'Safe School - Safe City', across eight schools in the southern districts of Delhi. Pravah and Jagori interacted with all the teachers and their Principals from the nominated schools to help them align to the objectives of the project and understand the participants better. Based on these interactions, Pravah and Jagori developed a teacher training module and planned a week-long campaign to be implemented in the schools in the academic year April 2013.



Pravah's teachers training team facilitated intensive workshops with a hundred pre-service teachers from Jesus and Mary College, Institute of Home Economics and Miranda House. Aimed to improve self-confidence and relationships with both students and families, these workshops form a part of the "Self Development" course under the B.El.Ed curriculum.

## Workshops for Pre-Service Teachers

### Contact:

Ishani Sen | [ishani.sen@pravah.org](mailto:ishani.sen@pravah.org)  
09968003543 | [www.pravah.org](http://www.pravah.org)

Teachers' Training is a multi pronged intervention that equips school teachers to design and deliver citizenship curricula within the existing educational framework, link education with social realities and advocate for the integration of citizenship education within the school system.

## Pravah Impact Assessment

Pravah's twentieth anniversary in 2013 provided us with an appropriate opportunity to reflect on our work and discover what its impact on young people and youth organizations has been. With the help of a core team in Pravah and Deepti Priya Mehrotra, a lead consultant, the impact assessment study was designed to collect both qualitative and quantitative data. A youth survey and organizational survey were carried out using comprehensive questionnaires. A list of approx 750 participants across programs was drawn up from our current database and covered participants from the early years of Pravah up to 2010. It included participants who have been through not only Pravah programs but also programs of Streaming partners, namely Patang, Thoughtshop Foundation, Saher and CYC.

The findings support Pravah's hypothesis that the 5th space impacts young people's lives in many ways, including their understanding of themselves, their relationships, their career choices, work satisfaction, performance and lifestyle choices. They also demonstrate that young people who have been through the 5th space are able to contribute to their communities and impact the lives of others in significant ways. Pravah is excited to share some of the highlights:

**Reality:**  
 In fact **85% of our alumni** who worked in community projects reported that their **performance at college/ career has improved** significantly or quite a lot after completing their journey.



**Reality:**  
 In fact **87% of our alumni** felt that Pravah and its partners helped them **improve their relationships** significantly or quite a lot.

Pravah organised a National Youth Consultation in November 2012 to provide young people the space to express their needs and concerns, identify gaps in existing national policies, programmes and the provisions in the ICPD and offer recommendations to diverse stakeholders to respond to their concerns in meaningful ways. This was a culmination of a series of consultations held by the UNFPA in partnership with the Government of India and other civil society organisations. The consultations provided inputs into the National Adolescent Health Strategy and UNFPA's country strategy (2013-2017), for in school and out of school adolescents and communication tools and media mix that would be most appropriate for various groups of young people.

## Youth Matters: UN Consultations



Pravah along with other youth organizations also played a key role in the Youth Convening Committee formed to organize the National Consultations on Post 2015 Development Agenda. A total of five regional consultations were held in February 2013 involving 284 representatives from over 100 youth organizations across India. Pravah convened the consultations in the northeast and eastern region (in partnership with Commutiny-the Youth Collective, Bosco Institute and Patang).



With the Millinicum Development Goals' targets set to expire in 2015, the Youth Convening Committee's National Report based on the recommendations of the regional consultations informed future development agenda for the youth planned by the United Nations. United Nations Population Fund (UNFPA) and United Nations Children's Fund (UNICEF) provided support to the consultation process.

The consultation designs at both these national consultations used the youth development lens in that the processes used were youth-centred. The interactive methodology was used to arrive at solutions with participants recognizing that they would be best placed to recommend what was most likely to bear results within their peculiar and particular circumstances across the country. It was also essential to bear in mind that such an intervention should also create an opportunity for individual and collective opinion and action by empowering and enabling the participants at each level to carry forward the essence of the deliberations at their own individual level as well as within the contexts they operate in.



Pravah's participation in such consultations demonstrates its strong youth focus and design capabilities. The recommendations and participants's voices from across the country also corroborate the need to mainstream 5th Space and youth development.

“We want to know what is going on and decide what is good for us.”

~Consensus across Youth Consultations- This voice clearly indicates that the young people want to be an integral part of the process of deciding from planning to execution. Therefore the demand is for an investment with and in young people to ensure that they are able to realise their full human potential as leaders and decision makers/ change agents today and tomorrow.

The Board continued to provide significant insights on various strategies and programmes of Pravah.

One of the distinguishing features of Pravah's Governing Board, is the active (and pro bono) engagement of the members. Arjun Shekhar continues to be our Chief Volunteer and has volunteered on average 10 days a month. He has lived the 5th space principles effortlessly and his special ability to walk the thin line between firmness and caring has strengthened the entire organisation. He has supported several programmes including the Adolescent and Youth Interventions, Change Looms, Streaming, Learning Voyages, HR and Fundraising – by being part of review processes and contributing his design expertise. He has been a mentor to several individuals in Pravah – and as a coach to Neha Buch has been instrumental in her smooth transition into her role as CEO of Pravah's Direct Interventions. Gouran Dhawan Lal continues to support the HR function, and her wisdom and love has flowed through Pravah and energised the system. Adeesh Mehra continued to provide critical support to the Accounts and Finance team with his process innovations, timely interventions and his ability to understand both programmes and finance. Renuka Motihar and Ravi Gulati have inspired many young Change Looms participants, and enriched their journeys by facilitating them to broaden their perspectives and their ability to address serious issues with a lightness of being.

As an organization, Pravah has always worked towards developing and mentoring leaders from within their teams. A significant outcome of the 2011 organizational retreat was the design of several 5th Space voyages that were implemented during the reporting year. One of these voyages viz. leadership journeys for new people in the organisation was launched in April 2012. An introductory workshop was offered to six people who had joined Pravah in the past 5-8 months. During their voyage until January 2013, each of these individuals identified their individual leadership areas to work on and developed and articulated milestones for their leadership journeys. Their learning goal also entailed demonstrating this space as one that promoted joyful community and learning opportunities.

## Promoting Leadership

To facilitate this voyage, the group had a 'mirror's meeting' every month for sharing their leadership experiences, learning from each other and discussing their leadership dilemmas. This journey has helped the individuals to take up new roles within the organization and lead the respective spaces.

At Pravah, fun is serious business! The June 2012 organizational retreat at Corbett National park was a follow up of last year's theme on "Me as a 5th Space citizen". The Pravah team celebrated people who lived the

## Organizational Retreat

5th Space principles well and planned journeys those who wanted to live it well.



Every individual from the team identified the areas they would work on post the retreat and selected individuals from amongst the team who would help them to work on those areas.

“Once I was new into this space, the Retreat helped me to connect with everyone in the organization. And also the way Pravah focussed on how individuals are living the 5th Space principles, is something that I had not witnessed in any other space before.

~ Faiza Mehar, new member, HR team

One of our key strategic directions is to move towards funder independence and towards this end, in the last year, we continued to focus on various strategies including generating incomes through some of our programs such as training workshops for young people and organisations working with young people.

To diversify our sources, we experimented with an Individual Giving programme and successfully inspired many individuals to contribute to Pravah through personal appeals over e mail and one on one conversations.

This year saw the planned exit of two of our long term institutional donors, the Ford Foundation and Sir Ratan Tata Trust. The Ford Foundation has been supporting Pravah since 2003, and the core funding that they provided enabled us to build Pravah into a strong institution with high quality, innovative programmes and robust internal systems and processes. Sir Ratan Tata Trust has been a key supporter of Pravah since 2001 and, over a ten year period, supported several of our interventions including our direct work with adolescents, teacher training, the streaming function, Change Looms and internal organisational development. Our partnerships with the Ford Foundation and Sir Ratan Tata Trust have been really special and we are deeply grateful to both these institutions for their long term investment in Pravah and the field of youth development.

During the reporting period, we entered into a partnership with Australian Volunteers International through which they place young Australian students as volunteers with Pravah. Misereor and Oxfam India renewed their funding for the SMILE programme. Misereor has been supporting Pravah since 2003 and Oxfam India's grant started in 2010.

## GRANTS

Australian Volunteers International  
 Jagori Rural Charitable Trust  
 Misereor  
 OXFAM India  
 Sir Ratan Tata Trust  
 UNFPA  
 Voluntary Service Overseas UK  
 British Council Division,  
 British High Commission

## INDIVIDUAL DONORS

Arjun Shekhar  
 Ajay Khanna  
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 Netprophets Cyberworks Pvt Ltd  
 People First Consultant P Ltd  
 Bindaas Unlimited  
 Sri Govind Deo Trust

## TRANSPARENCY DISCLOSURES

No.	Name & Address	Board Position	Total Salary/ Allowance/ Reimbursement
1	Ms. Kamini Prakash	Member	9,11,569
2	Ms. Ashraf Patel	Founder Member	4,91,486
3	Ms. Meenu Venkateswaran	Secretary	10,36,351
4	Ms. Gouran Lal	Founder Member	480
5	Ms. Ishani Sen	Member	7,47,677

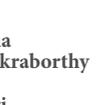
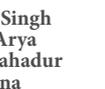
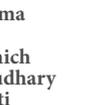
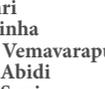
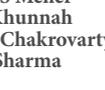
BALANCE SHEET AS AT 31ST MARCH 2013  
(Currency: Indian Rupees)

Particulars	Note No.	As at 31 March, 2013		As at 31 March, 2012	
<b>A SOURCES OF FUNDS</b>					
<b>1 GENERAL FUNDS</b>					
(a) FCRA	2	36,73,433		36,08,914	
(b) LOCAL		89,47,648	1,26,21,081	69,63,348	1,05,72,262
<b>2 EARMARKED FUNDS</b>					
(a) FCRA	3	13,07,258		46,76,905	
(b) LOCAL		1,31,805	14,39,063	37,15,218	83,92,124
<b>3 PROPERTY FUND</b>					
	4		3,00,000		
<b>4 CURRENT LIABILITIES &amp; PROVISIONS</b>					
Creditors	5				
-For Services		40,641		49,696	
-For Staff Reimbursement		-		18,071	
-Statutory Liabilities		45,506		36,119	
-Expenses Payable		-	86,147	2,62,748	3,66,634
<b>TOTAL</b>		<b>1,44,46,291</b>		<b>1,93,31,020</b>	
<b>B APPLICATION OF FUNDS</b>					
<b>1 NON-CURRENT ASSETS</b>					
(a) Fixed Assets	6				
Tangible Assets			31,31,016		28,959
<b>2 CURRENT ASSETS</b>					
(a) Current Investments	7	-		1,13,192	
(b) Cash and Cash Equivalents		97,80,669		1,47,87,520	
(c) Loan and Advances		15,34,606	1,13,15,275	44,01,348	1,93,02,061
<b>TOTAL</b>		<b>1,44,46,291</b>		<b>1,93,31,020</b>	

INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31ST MARCH 2013  
(Currency: Indian Rupees)

Particulars	Note No.	For the year Ended 31 March, 2013		For the year Ended 31 March, 2012	
<b>1. INCOME</b>	8				
(a) GENERAL FUND					
i FCRA		3,89,056		6,26,983	
ii LOCAL		37,70,499	41,59,555	39,23,434	45,50,416
(b) EARMARKED FUND					
i FCRA		72,09,247		1,64,19,266	
ii LOCAL		1,10,03,686	1,82,12,933	1,33,34,629	2,97,53,895
<b>TOTAL</b>			<b>2,23,72,488</b>		<b>3,43,04,311</b>
<b>2. EXPENDITURE</b>	9				
(a) GENERAL FUND					
i. FCRA		1,95,685		2,56,588	
ii. LOCAL		22,56,425	24,52,110	17,85,239	20,41,826
(b) EARMARKED FUND					
i. FCRA		1,01,78,310		1,38,23,444	
ii. LOCAL		1,39,63,046	2,41,41,356	86,59,714	2,24,83,158
<b>TOTAL</b>			<b>2,65,93,467</b>		<b>2,45,24,984</b>
<b>EXCESS OF INCOME OVER EXPENDITURE</b>			(42,20,979)		97,79,32
<b>APPROPRIATION</b>					
GENERAL FUND					
FCRA			1,93,371		3,70,395
LOCAL			15,14,074		21,38,195
EARMARKED FUND					
FCRA			(29,69,063)		25,95,822
LOCAL			(29,59,360)		46,74,915

## MEMBERS

 Amreen Ahmed	 Deepanjana Bhattacharjee	 Neha Kamal
 Anurag Samuel	 Meenakshi Bhanjdeo	 Ruchika Saharan
 Apoorva Vasudev	 Neha Swain	 Shilpa Jhwar
 Ashraf Patel	 Meenu Venkateswaran	 Nitin V George
 Deepti Menon	 Ishani Sen	 Shraddha Rawat
	 Meghamala Sengupta	 Om Prakash Rai
	 Kamini Prakash	 Sonal Chaturvedi
	 Navneet Prakash	 Rameez Alam
	 Malavika Pavamani	 Sulab Kumar
	 Neha Buch	 Robin Rai
	 Suloचना Thapa	 Suloचना Thapa

## INTERNS

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Ambreen Beg  
Ayesha Verma  
Bosco R  
Chetan Sharma  
Debanjan Chakraborty  
Mohd. Arzan  
Moniraj Chetri  
Priyanka Sharma  
Rathi Kumar  
Shivangi Dadhich  
Sundeep Choudhury  
Tanmoy Kakoti  
Trijita Mukherjee

## CONSULTANTS

Aneesha Singh  
Deepak Arya  
Digpal Bahadur  
Gagan Jena  
Jyoti Bahri  
Kanika Sinha  
Monisha Vemavarapu  
Naghma Abidi  
Nivedita Soni  
Purna Roy Chowdhury  
Rajesh NS Meher  
Ritikaa Khunna  
Shahana Chakrovarty  
Shaveta Sharma  
Shivani

## BOARD MEMBERS

Adeesh Mehra  
Arjun Shekhar  
Ashraf Patel  
Gouran Lal  
Ishani Sen  
Kamini Prakash  
Meenu Venkateswaran  
Rahul Roy  
Ravi Gulati  
Renuka Motihar  
Suman Kumar  
Sunita Menon

## BOARD INVITEES

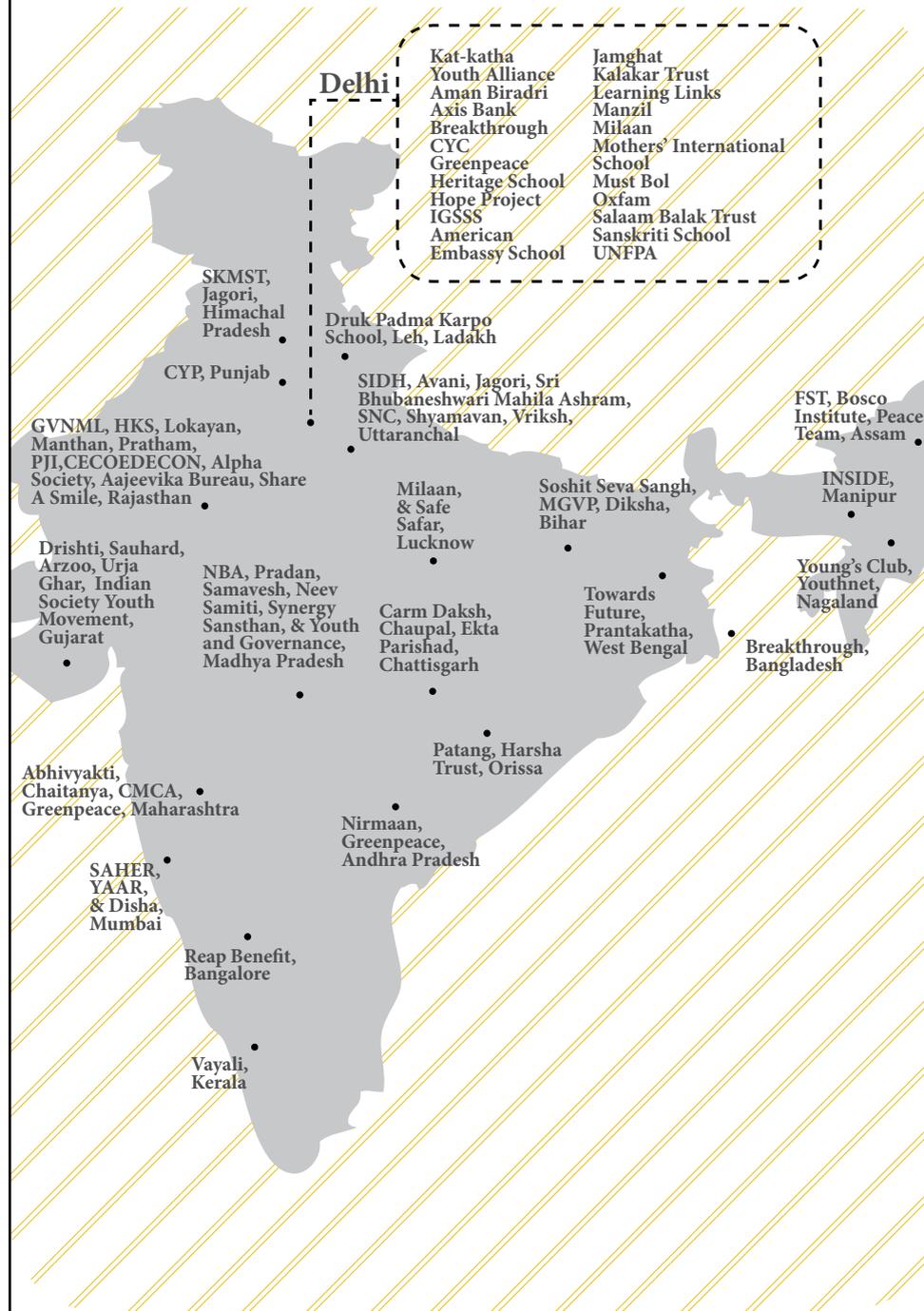
I. P. Singh  
Meghna Nag Choudhuri  
Rita Mishra

## FOREIGN VOLUNTEERS

Allison Horton  
Daniel Wilkinson  
Han Zhang  
Jannat Dawra  
Malte Schrader  
Maressa McCall  
Thomas Ainsworth

## MENTORS

Arjun Shekhar  
Gouran Lal



# PRAVAH

## Building youth leadership for social change

We are an organisation based in New Delhi. Since 1993, we have been working for youth development and active citizenship because we believe that young people need greater opportunities to play active roles in building a just and peaceful society.

Through design and delivery of innovative programmes, we take diverse groups of young people and those who work with young people on learning journeys. We support them to understand themselves, develop leadership and relationship skills, engage with social issues and explore their potential as change makers.

We incubate new youth organisations and facilitate youth-led change initiatives to grow through providing organisation development support. Simultaneously, we build partnerships with organisations as well as individuals to create collectives that can advocate for youth development and active citizenship.

Walk the thin line between



Work and Fun



Social Responsibility and Sacrifice

Indiscipline and Creativity



English and Hindi  
Black and White



Left and Right

Me and We



Come walk with us....

Contact Us:

**PRAVAH**

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Facebook: [www.facebook.com/pravahdelhi](http://www.facebook.com/pravahdelhi)

Blog: [www.pravahdelhi.wordpress.com](http://www.pravahdelhi.wordpress.com)

